

Week 4	Number in team	INDIVIDUAL POINTS from RUNNING + Bonuses					ELEVATION				WEEK's RESULTS		
		Total points from pledged runs alone	Bonus Points		total points from indiv'als	average % per member for RUNNING + ind'v'l Bonuses	total elevation	Number of miles	elevation per mile	TEAM Elevation Points	TEAM bonus for Timed Runs (see table)	Total points for week	Position for Week 4
Sub-zero and Hottie Points	Pre-7 or Post-8												
Old Birds	14	130.0	7	2	139.0	99.3	19649	317.5	61.9	2	4	105.3	4
Fighting Feathers	14	136.7	6	8	150.7	107.6	23162	256.2	90.4	8	6	121.6	1
Rowdy Roosters	13	126.7	3	4	133.7	102.8	17026	198.5	85.8	4	4	110.8	3
Clucky Ducks	13	126.0	7	8	141.0	108.5	24400	272.2	89.6	6	4	118.5	2
Squawky Chicks	16	133.3	5	3	141.3	88.3	18714	178.1	105.1	10	6	104.3	5
<b>TOTAL</b>	<b>70</b>	<b>652.7</b>	<b>28</b>	<b>25</b>	<b>705.7</b>	<b>100.8</b>	<b>102951</b>	<b>1222.5</b>	<b>84.2</b>			<b>560.5</b>	

Timed Runs		Old Birds	Fighting Feathers	Rowdy Roosters	Clucky Ducks	Squawky Chicks	
Tigger Tor	1	1	1	1	3	2	8
Rother Valley PR	2	0	0	1	0	0	1
Graves PR	3	1	1	0	1	1	4
Hallam PR	4	2	2	2	1	1	8
Castle PR	5	0	1	0	0	0	1
Hillsborough PR	6	1	2	1	2	1	7
Triathlon in Aussie	7	0	0	0	0	1	1
Leamington PR	8	0	0	0	0	1	1
Swamp 10k in America	9	0	1	0	0	0	
Timed Run BONUS	10	4	6	4	4	6	31

Only one point per team per event per week!

Only one point per person per event per week!

TEAMS	number completing 100% of pledged runs	Number of SANDBAGGERS! (more runs than targetted)	Number in team	SICKY cards played (100% runs credited but no elevation or bonuses)
Old Birds	12	4	14	0
Fighting Feathers	13	7	14	1
Rowdy Roosters	12	2	13	1
Clucky Ducks	11	3	13	0
Squawky Chicks	11	3	16	1
	<b>59</b>	<b>19</b>	<b>70</b>	<b>3</b>

TEAMS - OVERALL POSITION	Sum of points	January Rank:	Week number													
			1	2	3	4	5	6	7	8	9	10	11	12	13	
Old Birds	434	4	104.0	115.3	109.3	105.3										
Fighting Feathers	490	1	116.6	120.9	130.6	121.6										
Rowdy Roosters	450	3	113.5	118.4	107.3	110.8										
Clucky Ducks	452	2	108.8	114.2	110.8	118.5										
Squawky Chicks	421	5	106.7	106.1	104.1	104.3										

**How the scoring works in January**

**Individual Points**

Each person starts with 10 points

If they run all (or more) runs, they get 100% of their points. If you do more, then you're a SANDBAGGER!

If they run fewer runs, they get the percentage of the 100% (eg. If you run 3 out of 5 runs, you get 60% of the points)

Each person can claim bonus points a week. The Sub-zero and pre7/post8 are added to individual scores.

So, each person can earn a maximum of 12 points per week in January

Individual points are totalled for each team, then divided by the number of team members to make every team equal size and given as a score out of 100.

Note: The average score can go OVER 100% because bonus points for sub-zero and pre-7/post8 are added on.

**Additional team points**

Elevation per mile is worked out for each team and ranked to give 10 points to the highest team, 8 to the next down to 2 point to the lowest.